

Rajarambapu Institute of Technology, Rajaramnagar



**Department of Sciences & Humanities**

# **Report**

**On**

**Reading Club Activity AY  
2019\_20**



## Reading Club Group Formation AY 2019\_20

DEPARTMENT OF SCIENCE & HUMANITIES				
Sr. No.	Name of the faculty	Group Name	Coordinator	Email ID
1	Dr. S. N. Yadav	<b>scihum_rc1@ritindia.edu</b>	Dr. Ms. S. N. Pusawale	sunil.yadav@ritindia.edu
2	Mr. P. N. Pawar			pradip.pawar@ritindia.edu
3	Dr. Ms. D. M. Kadam			dipali.kadam@ritindia.edu
4	Dr. Ms. S. N. Pusawale			swati.pusawale@ritindia.edu
5	Mr. Umesh .S. Bhujakkanavar	<b>scihum_rc2@ritindia.edu</b>	Mr. Dnyaneshwar D. Bobalade	umesh.bhujakkanavar@ritindia.edu
6	Mr. Sunil. M. Kumbhar			sunil.kumbhar1@ritindia.edu
7	Mr. Y.A. Chougale			yogesh.chougale@ritindia.edu
8	Mr. Mansing .D. khedekar			mansing.khedekar@ritindia.edu
9	Mr. Dnyaneshwar D. Bobalade			dnyaneshwar.bobale@ritindia.edu
10	Mr. R. M. Kurane	<b>scihum_rc3@ritindia.edu</b>	Ms. S. C. Bedage	rajanikant.kurane@ritindia.edu
11	Mr. S. M. Patange			sandip.patange@ritindia.edu
12	Ms. S. C. Bedage			Sanmati.bedge@ritindia.edu
13	Ms. M. M. Kadam			madhuri.kadam@ritindia.edu



# Group Wise Summary Reading Club Activity For AY 2019\_20

## Report of Reading Club: SCIHUM\_RC1

Sr No	Group ID	Member Names	Title of Book	Author	Outcome pick through book	HOD Remark
1	SCIHUM_RC1	Dr. S. N. Yadav	IKIGAI The Japanese Secret for long and Happy Life	Héctor García & Francesc Miralles	<p>The book is about reason of longevity of people in Okinawa, Japan. While studying the lifestyles of people in Okinawa the authors found that apart from healthy diet, exercise, nature there is one important aspect to find one's own Ikigai and following it. The following are the major takeaways from the book Secrets of Longevity</p> <ol style="list-style-type: none"> <li>1. Everyone need to find their Ikigai (Reason for being) and follow it</li> <li>2. Stay active mentally and Physically</li> <li>3. Reconnect with nature</li> <li>4. Stop eating when stomach is 80% full</li> <li>5. Live in the moment</li> <li>6. Smile</li> <li>7. Surround yourself with good friends</li> <li>8. WabiSabi: Imperfections are beautiful</li> </ol>	
		Mr. P. N. Pawar				
		Dr. Ms. D. M. Kadam				
		<b>Dr. Ms S. N. Pusawale</b> <b>(Coordinator)</b>				



## Report of Reading Club: SCIHUM\_RC2

Sr No	Group ID	Member Names	Title of Book	Author	Outcome pick through book	HOD Remark
2	SCIHUM_RC2	Mr. Umesh .S. Bhujakkanavar Mr. Sunil. M. Kumbhar Mr. Yogesh. A. Chougale Mr. Mansing .D. khedekar <b>Mr. Dnyaneshwar D. Bobalade (Coordinator)</b>	Mahatma Gandhi Vichar Sangrah	Mahatma Gandhi	1.Importance of health in everyday life. 2. Effective use of natural resources. 3. Dos and don'ts related to health. 4. Caring of mind.	

















## Report of Reading Club: SCIHUM\_RC3

Sr No	Group ID	Member Names	Title of Book	Author	Outcome pick through book	HOD Remark
3	SCIHUM_RC3	Mr. R. M. Kurane Mr. S. M. Patange <b>Miss. S. C. Bedage (Coordinator)</b> Ms. M. M. Kadam	Happiness is Habit	Dr. Kris Heap	<p>1.The objective of this book is to make habit of happiness by choosing to be happy. Book gives various habits by upon inculcating in our daily lives we can become happy. These hobbies like helping others, expressing gratitude, learning various skills, seeking problems as opportunities, speaking well with others, never give excuses, trying to be in present, waking up every day on same time, avoid social comparison, choose friends wisely, never seek approval from others, take time to listen, nurture social relationships, exercise, live minimally, tell the truth, accept what cannot be changed should be adopted.</p> <p>2.Dr. Kris Heap helps readers and people to adopt a multitude of ritual and after following those rituals people for sure improve their life and ability to create a happy life. In this book author says simple small rituals can improve a life a lot and can create a happier life. We people don't need to depend on big superficial things in order to stay happy. The author says that when it comes to building your habits the very first thing you must do it to trust the process and you must understand those good things and form good habits.</p>	



## Reading Activity Conducted virtually via ZOOM platform

### Attendance

Sr.no	Name of the faculty/ staff	Sign
1)	Dr. S. N. Yadav	
2)	Dr. P. N. Pawar	
3)	Dr. Ms. S. N. Pusawale	
4)	Dr. Ms. D. M. Kadam	
5)	Dr. R. M. Kurane	
6)	Mr. U. S. Bhujakkanavar	
7)	Mr. Y. A. Chougule	
8)	Mr. S. M. kumbhar	
9)	Ms. S. C. Bedage	
10)	Mr. S. M. Patange	
11)	Mr. M. D. Khedekar	
12)	Ms. M. M. Kadam	
13)	Mr. Dnyaneshwar Bobalade	
14)	Mr. R. R. Lohar	
15)	Mr. R. R. Patil	